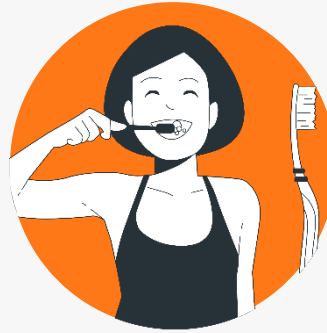


Did you know?

We add fluoride to your drinking water.

Fluoride helps prevent tooth decay. It has been added to drinking water by most utilities over the last 75 years. According to the Centers for Disease Control and Prevention (CDC), this practice is the single most effective way to prevent tooth decay. Adding fluoride to drinking water is:



Safe and Effective

All the best available scientific evidence has consistently indicated that adding fluoride to drinking water is safe and effective.



Saves Money

In most cities, every dollar invested in adding fluoride to the water supply saves \$38 in dental costs.



Supported By Experts

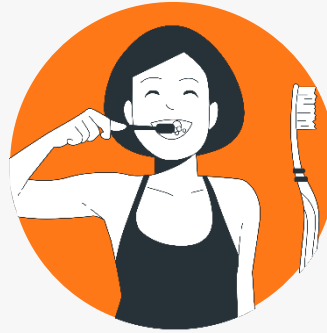
The American Dental Association, the CDC, the American Medical Association, and 125 other organizations all support adding fluoride to water to prevent tooth decay.

CONTACT US / P: (804) 269-8720 / A: 4200 Innslake Dr #202, Glen Allen, VA 23060 / E: info@vahealth.com

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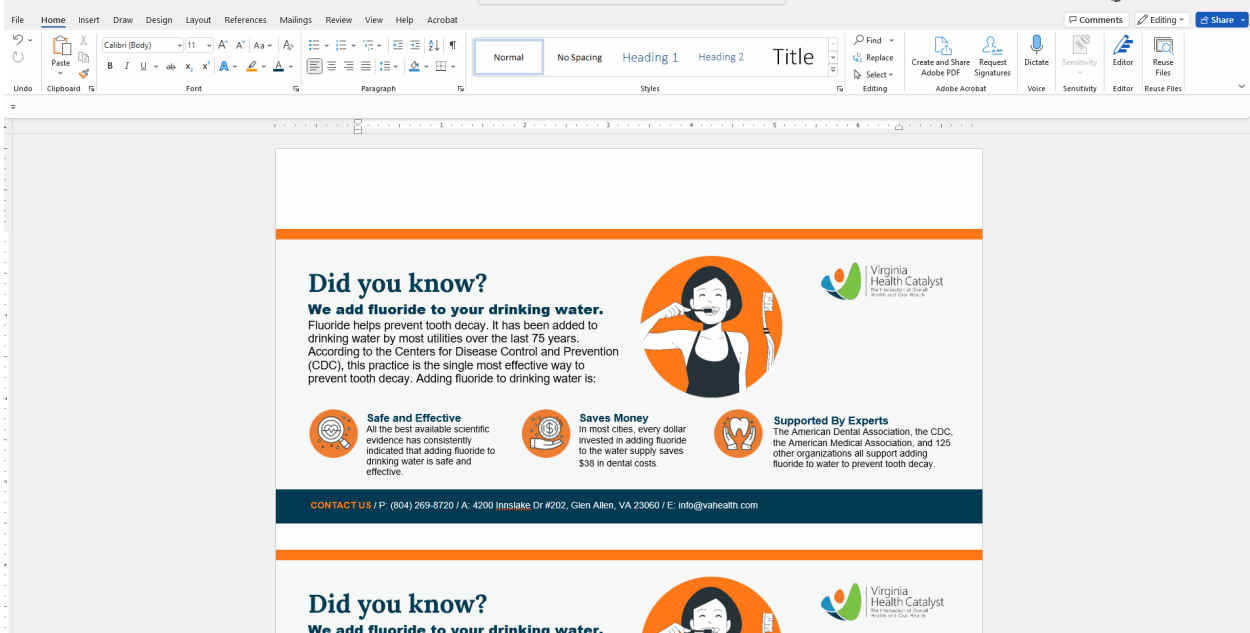
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Directions

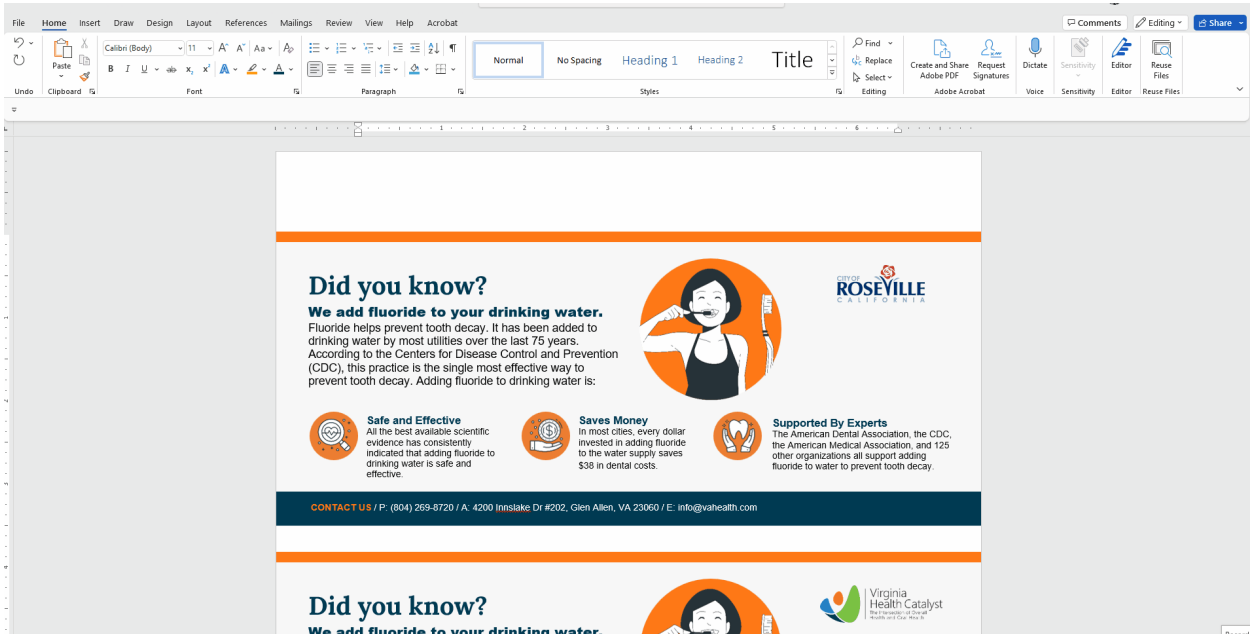
Step 1: Change Logo

Right Click on logo > Change Picture > Select Logo File



Step 2: Change Colors

Circular Elements: Right Click On Top Of Image > Change To Color Of Choice > Hit Enter



Step 3: Change Contact Information

Contact Information: Click And Drag Over Contact Information And Type Your Own Information As Needed

The screenshot shows a Microsoft Word document with a blue header and an orange footer. The main content area is white and contains the following text and graphics:

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The document is displayed in a Microsoft Word window with the ribbon showing the Home tab. The ribbon includes options for Font, Paragraph, Styles, Editing, and Acrobat. The document is titled "Virginia Health Catalyst" and has a "Viewing" status.