Fluoride Varnish in Your Pediatric Practice - An Effective, Quick, Low-Cost Health Intervention

Tooth decay is the most common chronic disease in childhood – yet, it’s completely preventable. Poor oral health can inhibit a child’s ability to eat nutritious foods, socialize, and learn in school. Thankfully medical providers and their teams have an easy way to improve oral health through fluoride varnish.

Fluoride varnish is a concentrated dose of fluoride that is painted on the teeth with a small brush; it only takes a few seconds to apply during a well-child visit. It works by rebuilding weakened tooth enamel, making it harder and stronger to prevent further decay. In Virginia, Medicaid reimburses medical providers for applying fluoride varnish.

WHERE CAN I LEARN MORE ABOUT FLUORIDE VARNISH AND ORAL HEALTH?

Virginia Health Catalyst’s Fluoride Varnish Training Video – Catalyst's short video shows how fluoride varnish can be applied quickly during a well-child visit.

Smiles for Life – Find free, online continuing medical education activities that teach oral health skills for your team.

American Academy of Pediatrics (AAP) – The AAP offers programs and resources for physicians and the entire pediatric practice team.

Virginia Health Catalyst can provide in-office fluoride varnish trainings that include information on how to bill Medicaid and integrate oral health into your practice. Contact Brita Allen at ballen@vahealthcatalyst.org to schedule a training today.