Mother’s oral health affects both mother and baby’s overall health.

Hormonal changes during pregnancy can cause swollen and bleeding gums and changes in eating habits.

Mother with poor oral health increases cavity risk for babies.

Dental visits during pregnancy are safe and recommended!

- Continue regular oral hygiene, brush twice and floss once daily.
- Eat nutritious foods.
- Tell your dentist you are pregnant, and continue regular dental checkups.

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Oral Care During Pregnancy

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- Eat nutritious foods.
- Tell your dentist you are pregnant, and continue regular dental checkups.

Smiles For Children (SFC) is Virginia’s Medicaid and FAMIS dental program.

SFC provides:

- comprehensive dental benefits to members under 21
- medically appropriate dental benefits to pregnant members
- comprehensive dental benefits to all members over 21

Call DentaQuest at 888.912.3456 with questions, or visit www.vahealthcatalyst.org/AdultDentalBenefit/