

# Dental Coverage Extended Beyond Pregnancy

## Dental visits during pregnancy are safe and recommended!

- Mother's oral health affects both mother and baby's overall health.
- Hormonal changes during pregnancy can cause swollen and bleeding gums and changes in eating habits.
- Mother with poor oral health increases cavity risk for babies.

## Oral Care During Pregnancy

- Continue regular oral hygiene, brush twice and floss once daily.
- Eat nutritious foods.
- Tell your dentist you are pregnant, and continue regular dental checkups.

\*Information provided by DentaQuest



**DENTAL  
COVERAGE**

**BEFORE  
PREGNANCY**

**DURING PREGNANCY &  
60 DAYS AFTER BIRTH**

**AFTER  
PREGNANCY**

Smiles For Children (SFC) is Virginia's Medicaid and FAMIS dental program.

SFC provides:

- comprehensive dental benefits to members under 21
- medically appropriate dental benefits to pregnant members
- comprehensive dental benefits to all members over 21



**Smiles For Children**  
Improving Dental Care Across Virginia

\*Information provided by DentaQuest

Call DentaQuest at 888.912.3456 with questions, or visit [www.vahealthcatalyst.org/AdultDentalBenefit/](http://www.vahealthcatalyst.org/AdultDentalBenefit/)



Virginia  
Health Catalyst  
The Intersection of Overall  
Health and Oral Health



**DentaQuest**