

# NOVA Oral Health Alliance

## Children's Oral Health Workgroup

Tuesday, January 22, 2019 | 2:00 pm – 3:30 pm

### Desired Outcomes

- Identify and address challenges to pediatrician outreach
- Determine next steps in pediatrician outreach

### Agenda

#### **Introductions**

**2:00 pm – 2:10 pm**

#### **Pediatrician Outreach Project**

**2:10 pm – 3:10 pm**

- Status of outreach list
- Review of interview responses
- Determine desired outcome of outreach efforts
- Next steps for follow up

#### **Partner Updates & Close**

**3:10 pm – 3:30 pm**

- VaOHC Update

### Upcoming Events

#### **Virginia Oral Health Coalition Legislative Action Day**

Wednesday, January 30 in Richmond

- Advocating for a study to better understand the cost of dental-related emergency room visits
- Please RSVP: <https://www.vaoralhealth.org/advocacy/legislative-action-day/>

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### Meeting Summary

#### Participants

Allen	Lydia	Northern Virginia Family Services
Leopold	Julie	Fairfax County Office for Children, Head Start & Early Head Start Program
Moreno	Patricia	Anthem HealthKeeper's Plus
Nakasone	Silvia	Partnership for Healthier Kids
Ortiz-Mattingly	Cristina	Pediatric Dentistry of Burke, PC
Siddig	Eba	Northern Virginia Family Service
Starrak	Eva	Medical Care for Children Partnership Foundation
Yang	Jeanne	Fairfax County Health Department

#### VaOHC Staff:

Holland	Sarah	Virginia Oral Health Coalition
Gray	Lauren	Virginia Oral Health Coalition

#### Action Items

- ✓ Continue outreach to pediatricians in the NOVA region to conduct interviews and identify needed resources for oral health.
  - Pediatrician assignments – editable copy on [Google Drive](#), downloadable copy on [VaOHC website](#)
  - Introduction letter and materials – contact Sarah Walsh ([swalsh@vaoralhealth.org](mailto:swalsh@vaoralhealth.org)) to have a packet sent to a pediatrician, or [download and print](#) your own materials
  - Interview guide – [download and print](#) your own
  - Interview follow-up resource packet – contact Sarah Walsh ([swalsh@vaoralhealth.org](mailto:swalsh@vaoralhealth.org)) to have a packet sent to a pediatrician, or [download and print](#) your own materials
  - Scan and upload completed interview forms to [Google Drive](#), or email to Sarah Walsh ([swalsh@vaoralhealth.org](mailto:swalsh@vaoralhealth.org))
- ✓ Continue partnering with each other! The updated workgroup contact list is available by emailing Sarah Walsh ([swalsh@vaoralhealth.org](mailto:swalsh@vaoralhealth.org)).
  - Silvia, Lydia, & Cristina: Coordinate oral health education event for parents at Partnership for Healthier Kids in March
  - Cristina: Reach out to workgroup members to identify Head Start/Early Head Start programs and FQHCs that would want to participate in Give Kids a Smile events.
  - Eba: Reach out to Virginia Department of Health, Anthem HealthKeepers, DentaQuest, or Colgate to request dental kit supplies for classrooms.
- ✓ Work with Virginia Oral Health Coalition to promote potential oral health integration training.

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### Proceedings

After brief introductions, the workgroup turned to discussion of the **pediatrician outreach project**; what the status of everyone's outreach is, how many have responded so far, challenges, and desired outcomes for how the information would be used.

- Lydia commented that some providers wanted the introduction letter and interview questions faxed to them. VaOHC will update the letter to be faxable and will post all the intro materials online for workgroup members.
- Patricia noted that many pediatricians are very busy adapting to the new changes in Medicaid right now. February and beyond might be calmer. She also suggested adding the Medallion 4.0 comparison chart for dental benefits to our outreach packet.
- Cristina asked what the goals of the outreach are. She has already been engaged in trying to partner with local pediatric practices to promote oral health with some success.
- Goals
  - Understand pediatricians' current oral health practices
  - Establish dental homes for children
- Several workgroup members suggested offering a CEU course to pediatricians they are reaching out to. VaOHC could help coordinate if the workgroup promotes the training widely.
- There was some discussion about VaOHC's fluoride varnish 1-pager (included in outreach materials); MCOs can only share materials like this with their own branding.
- Highlights from completed interviews:
  - Really wide range of responses about when peds are recommending dental visits: 6 months through 2-3 years.
  - Only one provider specified an oral health risk assessment tool (Bright Futures), even though all four said they do oral health risk assessment. Maybe there's some confusion about what oral health risk assessment is, even though it's defined in the interview guide.

Cristina and Eba commented that **parental education and other community engagement projects** are an important need as well.

- Eba: We really want our kids (in Head Start) to get a dental visit by age 1, but they are often turned away by dentists who say they should wait until the child is 2.
- Cristina: We have had pushback from pediatricians. It has helped to share the AAPD and AAP guidelines.
- Cristina is a state ambassador for Give Kids a Smile (GKAS); wants to promote awareness of the program and get more kids to attend events.
- Head Start and WIC offices should be sharing information about dental benefits and hygiene practices.

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- Rachel suggested finding out opportunities to embed oral health into health literacy programs. She also suggested engaging parent liaison groups for the 5+ age group.
- Silvia mentioned that Partnership for Healthier Kids conducts parent education about benefits every three months; they get a lot of clinical questions too and need experts to come do Q&A. The idea was floated to have Cristina present and MCCP piggy back at next session in March. About 20+ parents usually attend.
- Eba requested help to locate dental supplies for sites in Arlington, Loudoun, and Prince William, as well as dentists to do education. Supplies can be requested from:
  - VDH
  - Anthem
  - DentaQuest
  - Colgate
- Virginia Head Start Association's Health Advisory Committee frequently publishes event notices and requests for experts. Contact:
  - Regina H. Cantrell, LPN  
Kids Central, Inc.  
Health Services Specialist  
VAHSA HAC Secretary  
276.679.0514 ext. 108  
[Regina.Cantrell@kidscentralinc.com](mailto:Regina.Cantrell@kidscentralinc.com)

Lauren shared that her last day at VaOHC will be this Friday, 1/25. She is going to be taking time off to stay home with her new baby. Sarah emphasized that this workgroup's efforts will continue, but considering using MCH block grant funds to support either a workgroup chair's time or hiring a local coordinator. Comments/concerns are welcome.

*Adjourn at 3:30 pm.*