### Background

Many low-income women go through their pregnancy without any examination to assess oral health needs. As a result, some of these women experience pain associated with oral pathology. Barriers such as an adequate number of providers willing to treat pregnant women, complicated billing processes, low reimbursement rates, and fear of dental treatment, including x-rays, contribute to low numbers of pregnant women accessing oral health care. Evidence-based practice suggests that dental care during pregnancy is shown to be safe and effective in reducing periodontal disease and periodontal pathogens.

Governor McAuliffe’s A Healthy Virginia is a 10-step plan to expand healthcare services to over 200,000 Virginians. This plan includes innovative and creative solutions to expand healthcare to Virginia veterans, children, and families. Step Six of the 10-Point Plan is to “provide dental benefits to 45,000 pregnant women in Medicaid and FAMIS”. Services will start March 1, 2015.

### Purpose

Dental services can aid in the pregnant women’s overall health and influence a healthy delivery and baby. Adding dental coverage for pregnant women enrolled in Medicaid and FAMIS MOMS will improve the oral health of the mother, decrease emergency dental expenditures, and potentially decrease the state’s cost of dental care for children.

### Services Offered

The Department of Medical Assistance Services (DMAS) is working in concert with the dental benefits administrator, DentaQuest, to design an oral health program for pregnant women enrolled in Medicaid and FAMIS MOMS. The services are inclusive of those provided in Virginia’s **Smiles For Children** (SFC) program and will include the following:

- Diagnostic (x-rays, exams)
- Preventive (cleanings)
- Restorative (fillings)
- Endodontics (root canals)
- Periodontics (gum related treatment)
- Prosthodontics- both removable and fixed (crowns, bridges, partials and dentures)
- Oral surgery (extractions and other oral surgeries) and
- Adjunctive general services (all covered services that do not fall into specific dental categories)
**Service Requirements and Limitations**

Effective March 1, 2015, pregnant women enrolled in Medicaid and FAMIS MOMS who are 21 years of age and older are eligible to receive comprehensive benefits, excluding orthodontics, covered by the *Smiles For Children* program. Dental benefits for pregnant women who are 21 years of age and older will be discontinued at the end of the month following their 60th day postpartum.

Pregnant women enrolled in Medicaid, FAMIS and FAMIS MOMS who are under age 21 currently are eligible to receive comprehensive children’s benefits covered through the Virginia Medicaid *Smiles For Children* dental program which include orthodontia. Dental benefits for children in Medicaid and FAMIS MOMS will be discontinued at age 21 and at age 19 for children in FAMIS.

Pregnant women will be able to access non-emergency transportation services to receive dental care. Transportation for pregnant women who are enrolled in a managed care organization (MCO) with the exception of those enrolled in FAMIS will received transportation through their MCO. Transportation for pregnant women in fee for service will be provided by LogistiCare, DMAS’ transportation broker.

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<th>Claims Information</th>
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<td>Dental providers’ submitting claims for pregnant women must be credentialed by DentaQuest and participate in Virginia’s <em>Smiles For Children</em> dental provider network. Effective March 1, 2015, all claims submissions for pregnant women 21 years and older require prepayment review upon submission of claims to DentaQuest documenting medical necessity of pregnancy (prepayment review is the documentation that is submitted with the claims). DentaQuest will perform quality monitoring verifying the dental provider’s documentation of pregnancy status and the estimated date of delivery.</td>
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| Information is posted on the
- DentaQuest website at [www.dentaquest.com](http://www.dentaquest.com), including how dentists can enroll in the program
| Information may also be obtained by calling 1-888-912-3456 |