

Home Visiting and Oral Health



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Program Goals

Healthy Start

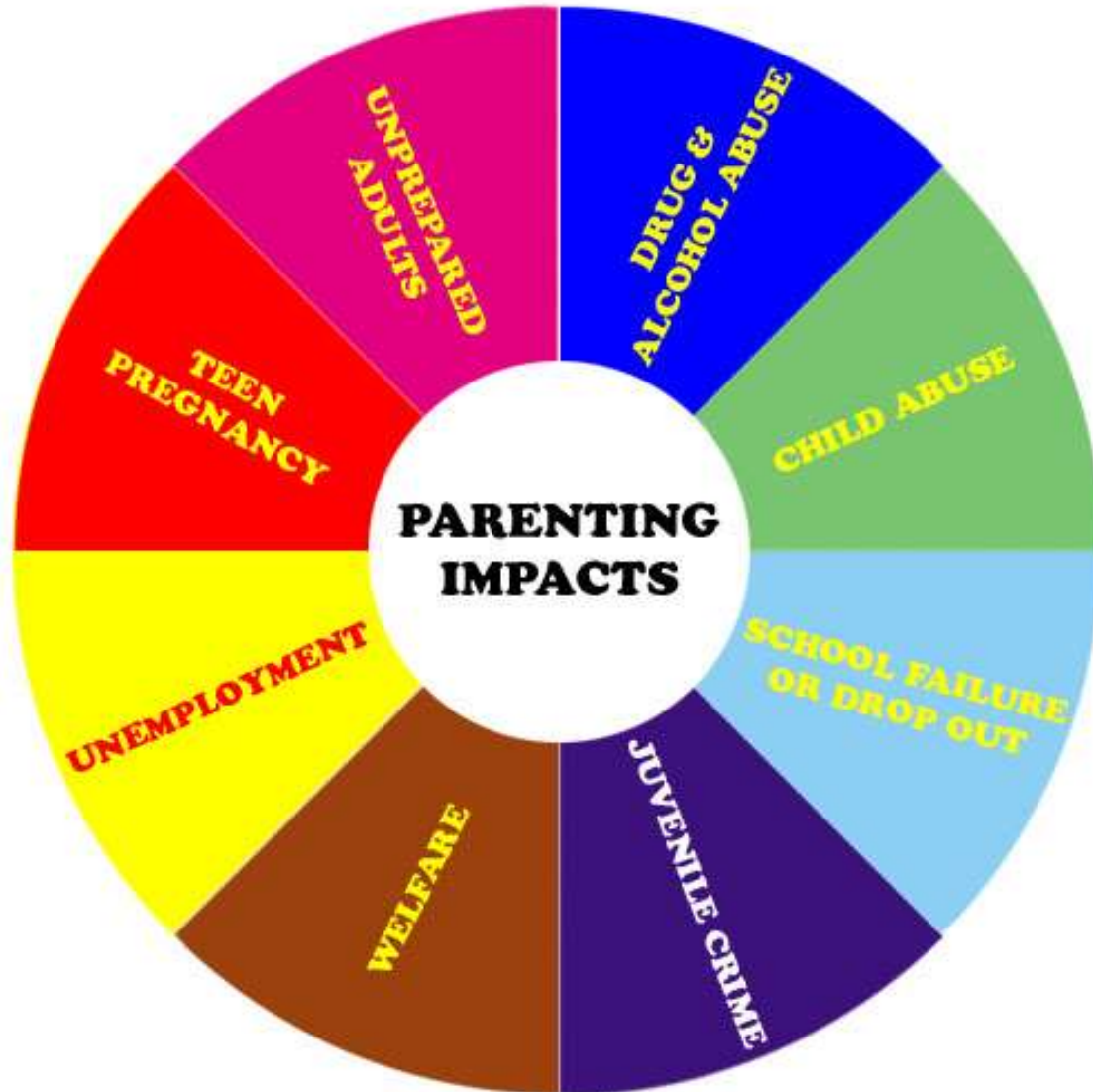
- Research based
- Outcome driven
- Free
- Voluntary
- Intensive
- Pregnancy
- Long term – follows family until target child reaches kindergarten

Hampton Healthy Start

- Currently serve 450 families
- was implemented in 1992
- Is the largest site in Virginia

Funding:

- City of Hampton
- Healthy Families Virginia (DSS)
- Promoting Safe and Stable Families (PSSF)
- Healthy Families Partnership, Inc. (HFP)



Healthy Start Goals

The goals of Hampton Healthy families home visiting programs are to:

- **Reduce child maltreatment**
- **Improve parent-child interactions**
- **Improve children's social emotional well-being**
- **Increase school readiness**
- **Promote positive parenting**
- **Promote child physical health and development**
- **Self-sufficiency**
- **Decrease childhood injuries and emergency room visits**



Filling the Gap

Enters School

Graduates

Birth

Age 5

Age 18



A horizontal timeline with vertical markers at Birth, Age 5, and Age 18. A blue line segment connects the Age 5 marker to the Age 18 marker. The text 'School System' is centered below this segment.

School System

Abuse, neglect, Chaotic home environment and inconsistent health care leads To drugs, truancy, delinquency and dropout.

Birth

Age 5

Age 18



A horizontal timeline with vertical markers at Birth, Age 5, and Age 18. A purple line segment connects the Birth marker to the Age 5 marker. The text 'Healthy Families' is centered below this segment.

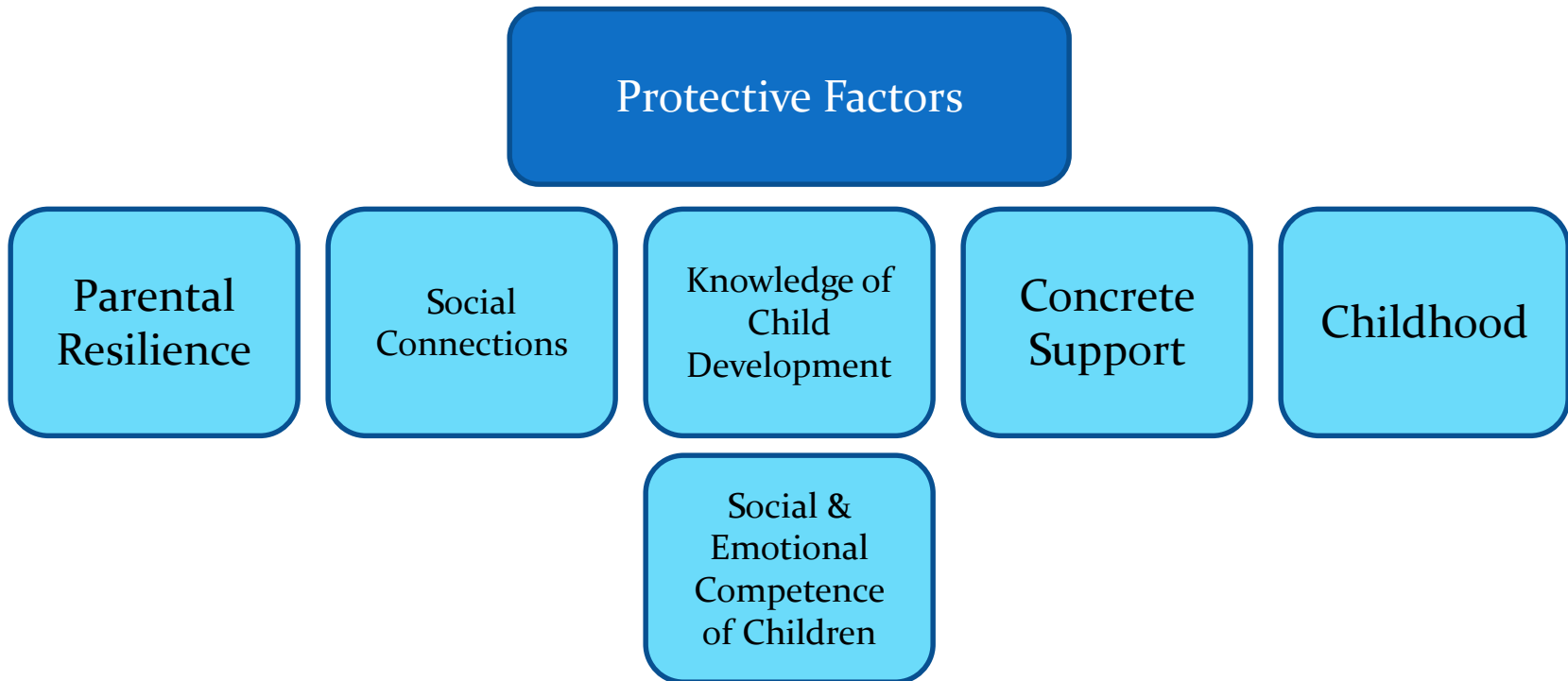
Healthy Families

Healthy child/parent relationships, stable home environment, regular health care, and good language/social skills, leads to school and employment success.

Assessment

A Family Stress Checklist score of 25 or greater means the family assessment is positive for the Healthy Start program.

Sample assessment information that is gathered:



Motivational Interviewing and the Reflective Journey

TABLE 2. Motivational Interviewing Strategies^{5,10,18}

Open-ended questions	A question that offers broad latitude and choice in how to respond
Affirmation	Accentuating the positive, seeking and acknowledging an individual's strengths and efforts
Reflective listening	Skill of active listening, seeking to understand an individual's subjective experience, offering reflections as guesses about the person's meaning
Summarize	Reflection that draws together content from two or more prior statements
Change talk	Speech that favors movement toward a particular change goal
Importance ruler	A scale (typically 0-10) on which individuals are asked to rate the importance of making a particular change
Elaboration	A response to change talk, asking for additional details, clarification, or examples
Self-efficacy	Perceived ability to successfully achieve a particular goal or perform a particular task



Evaluation Results for Healthy Start

City of
Hampton State of
Virginia Healthy
Start

Repeat Teen Pregnancy	36%	30%	9%
Immunization	68%	69%	94%
Reduction in pregnancy risk factors	N/A	N/A	85%

What Happens During a Home Visit?

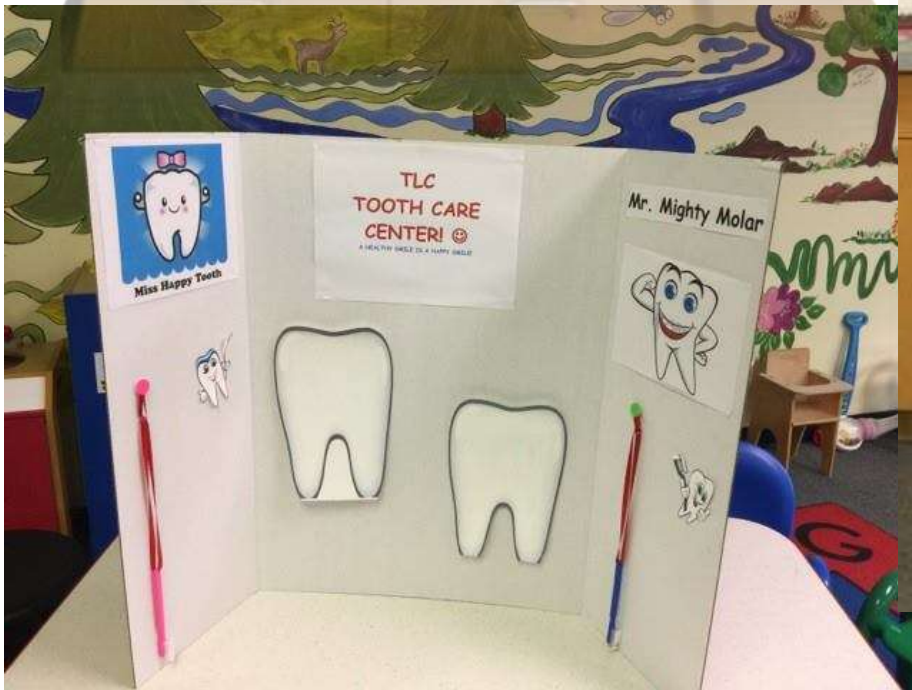
- Curriculum and activities
- Family goal plan
- Parent-child interaction
- Developmental screenings
- Community source referrals
- Connections to health care providers
- Monitoring of immunizations
- Assistance with caregiver(s)' education and employment
- Depression screening



Oral Health and Home Visiting

- Parents as Teachers Curriculum
- Group Connections
- February –Dental Health Month





School Readiness Goals

- Help children be able eat, speak, and focus on learning
- Less behavior concerns
- More attentive
- Healthy eating habits
- More confidence
- Secure dental home



Disseminating Oral Health in Home Visits

- Healthy childhood growth and development
- Child development milestone
- Child health and safety
- Nutrition
- Parenting skills Access to health care
- School readiness
- Linkage to appropriate early intervention services – **Community Collaboration**



Oral Health Policy Influencers

- **Training**
 - Parents As Teachers
 - Oral health and pregnancy
 - Oral health long term goals
 - Virginia Oral Health Coalition
 - Smart Beginnings
 - Local Dental Hygienist
 - PIOHQI
- **Policy procedure**
 - Approved by Training and Technical Assistance
- **Tracking tool**
 - Manual
 - Future plans
- **Contact logs**
 - completed after each home visit
- **Supervision**

Engagement

- Incentives!
- Free Dental Kits
- Medicaid Cab
- Dentists in the area
- Referring clients to free dental clinics



**HEALTHY FAMILIES
Policy and Procedure Manual**

CE: 7-1.A.

**Procedure: Linking Parent/Guardian and
Target Children to Oral Health Care Provider**

**Effective Date: April 4, 2017
Approved By: Angie Russ**

POLICY:

Families participating in the Healthy Families program are to be linked to oral health care providers to assure optimal health and development for target children. This linkage will help to insure that the child and his or her mother receive preventative care for oral health care needs.

PROCEDURE:

1. Direct service staff assess whether or not a family has an oral health care provider in place during the initial assessment and during the course of home visitation services.
2. Healthy Families staff provide referrals for families in need of an oral health care provider. Healthy Families staff have access to listings of oral health providers within the community.
3. Healthy Families staff assist families in need of dental insurance coverage and or provide referrals to free community dental clinic when available. Staff utilize the Department of Human Services in assisting families with Medicaid coverage applications.
4. Healthy Families staff provide curriculum, education, and support to promote the importance of having an oral health provider and participating in preventative health care. Staff offer transportation, if needed, for families to attend dental visits.
5. Healthy Families staff monitor compliance in obtaining dental exam and follow up when medical issues arise. Monitoring takes place through home visit intervention and also through communicating with dental offices.
6. Healthy Families staff obtain signed consent forms from participants indicating the dentist office and specific information to be obtained.
7. Oral health visits are tracked on the flow sheet in the participant file and can be collected by the client or thorough the dental office that oral health appointment was completed. During the course of home visiting staff discuss what took place during the check up and reinforce dentist's instruction.



Parent and Child's
Dentist



Track dental visits

CE: 7-1A | April 4, 2017

Contact Log

CHILD AND FAMILY ASSESSMENT SCHEDULE:

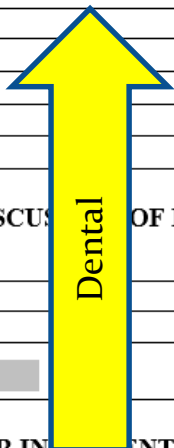
PNA/OB WBC Dental Emergency Care ASQ ASQSE Home Piccolo PIMS
Assessment Review/Protective Factors Level Change Edinburgh-Related Interventions VDSS

PROGRESSION/DISCUSSION OF FGP: DUE DATE

REFERRALS:

CONCERNS/OTHER INTERVENTIONS including but not limited to:

Employment School Status TANF Food Stamps Medicaid
Housing Assistance WIC Violence CPS Assessment Concerns
MOB/FOB/CP Involvement Health Concerns



Questions or Comments

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