CenteringPregnancy™: Small Group Prenatal Care Model With Oral Health Integration
Centering Pregnancy

- Multifaceted model of group care
- Health assessment, education, and support
- Group setting
Health Outcomes

- Benefits include improved birth weight and decreased risk of preterm delivery
- Virginia Preterm Rate 11.3%*
- GPWCHC Centering Groups 6%
- Average medical cost of preterm or low birth weight baby in first year of life $60,000
- Average medical cost of newborn without complication first year of life $5,500

*March of Dimes Foundation 2013
Session 1

- Oral anatomy
- Dentition
- Tooth eruption
- Caries and how to prevent
- Periodontal disease and how to prevent
Session 2

- Cleaning your babies teeth
- Oral habits; pacifier vs thumb
- The first pediatric dental exam
Happy Babies
Happy Mommies