

# CenteringPregnancy™ : Small Group Prenatal Care Model With Oral Health Integration



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Serving Greater Prince William County, Manassas, and Manassas Park

# Centering Pregnancy

- Multifaceted model of group care
- Health assessment, education, and support
- Group setting



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# Health Outcomes

- Benefits include improved birth weight and decreased risk of preterm delivery
- Virginia Preterm Rate 11.3%\*
- GPWCHC Centering Groups 6%
- Average medical cost of preterm or low birth weight baby in first year of life \$60,000
- Average medical cost of newborn without complication first year of life \$5,500

\*March of Dimes Foundation 2013



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# Session 1

- Oral anatomy
- Dentition
- Tooth eruption
- Caries and how to prevent
- Periodontal disease and how to prevent



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## Session 2

- Cleaning your babies teeth
- Oral habits; pacifier vs thumb
- The first pediatric dental exam



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# Happy Babies



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# Happy Mommies



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